



# 15<sup>th</sup> SCIENTIFICA

NATIONAL PHYSIOTHERAPY CONFERENCE

## THEME

**EMBRACING AI TECHNOLOGY: TRANSFORMING THE  
FUTURE OF PHYSIOTHERAPY AND REHABILITATION**

**16<sup>th</sup> & 17<sup>th</sup> NOVEMBER 2024**

# SCIENTIFIC PROGRAM

**VENUE: GOA MEDICAL COLLEGE**



# Oration Talk

**AI transforming the future of Physiotherapy and Rehabilitation**

**Michael Rowe**  
(UK)

## Key Note

**AIDemics - Adapt or Adept?**

**Waqar Naqvi**  
(Doha, Qatar)

**Tech-Driven Rehab: Unleashing the Power of Digital Technology and Robotics**

**Vijay Bathina**  
(Hyderabad, India)

**AI-Powered Wearables: A new Frontier in Physiotherapy & Rehabilitation**

**Polat Goktas**  
(Dublin, Ireland)

**AI Ethics in Health Profession: Navigating the Grey Areas**

**Rohini Ganjoo**  
(USA)

**Blood Flow Restriction Therapy (BFRT): Lessons Learned**

**Anil Bhawe**  
(USA)

A graphic featuring a glowing 'AI' logo in a hexagonal frame, surrounded by various icons like a globe, a target, and a brain, all set against a background of hands holding a glowing orb.

**AI**



# Talks

|   |  |
|---|--|
| <b>Overview on Embracing AI &amp; Technology in Physiotherapy</b>         | <b>Apurv Shimpi</b><br>(Pune, India)       |
| <b>From Bench to Field: Return to Sport Assessment in the Digital Age</b> | <b>Sai Kishore</b><br>(Chennai, India)     |
| <b>AI meets Health Science Research: A New Era for Health Literacy</b>    | <b>Prashant M</b><br>(Hubli, India)        |
| <b>Redefining Assessment with Digital Tools</b>                           | <b>Gaurang Baxi</b><br>(Pune, India)       |
| <b>From Cables to Clouds: Transforming Physiotherapy with IoT Magic</b>   | <b>Shaswat Verma</b><br>(Bangalore, India) |
| <b>Augmenting Artistry: How AI Shapes Innovation</b>                      | <b>Arun Maiyya</b><br>(Udupi, India)       |
| <b>Physical Activity Assessment using wearable devices</b>                |  |
| <b>Future of Pediatric Rehab with AI</b>                                  | <b>Asha Chitnis</b><br>(Mumbai, India)     |
| <b>Rehab AI</b>   | <b>Ashok Shyam</b><br>(Pune, India)        |





# Talks

|   |   |
|---|---|
| <b>Using AI Tools to Create Posture Assessment Model</b>                                | <b>Shruti Thakur</b><br>(Pune, India)       |
| <b>Deep Learning Tools &amp; AI in Physiotherapy</b>                                    | <b>Yashwant Ingle</b><br>(Pune, India)      |
| <b>Tech-based assessment in Musculoskeletal Physiotherapy: In Tune with Tomorrow</b>    | <b>Twinkle Dabholkar</b><br>(Mumbai, India) |
| <b>Current Trends in Physiotherapy</b>  | <b>Ketan Bhatikar</b><br>(Goa, India)       |
| <b>Technological breakthroughs in managing musculoskeletal pain</b>                     | <b>Shobhlaxmi</b><br>(Bangalore, India)     |
| <b>Veterinary Physiotherapy: Bridging the Gap Between Human &amp; Animal Healthcare</b> | <b>Unnati Pandit</b><br>(Mumbai, India)     |
| <b>Matrix Rhythm Therapy: technological Pioneering of Cellular-Level Rehabilitation</b> | <b>Varun Naik</b><br>(Belgavi, india)       |
| <b>Mobile-based Apps in Assessment &amp; Rehab</b>                                      | <b>Venu Mohan</b><br>(Pune, India)          |
| <b>Virtual Reality: A New Frontier in Pediatric Physiotherapy</b>                       | <b>Chanan Goyal</b><br>(Raipur, India)      |





# Talks

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| <b>From Isolation to Independence: Transforming Care with Tele-Pulmonary Rehab</b> | <b>Mrinmayee Koltharkar</b><br>(Mumbai, India) |
| <b>Patient-Centred Care with AI</b>  | <b>Ajeet Saharan</b><br>(Jaipur, India)        |
| <b>2D gait analysis introduction and Case studies</b>                              | <b>Deepali Kant</b><br>(Mumbai, India)         |
| <b>VR in Upper Limb Rehabilitation After Stroke</b>                                | <b>John Solomon</b><br>(Udupi, India)          |
| <b>Navigating your Career Path in Physiotherapy</b>                                | <b>Sayeeda Uneza Fatima</b><br>(Delhi, India)  |
| <b>Tech in Sports: The Game-Changers</b>   | <b>Shwetha Rao Warke</b><br>(Mumbai, India)    |
| <b>Role of Government in Disability Rehab: UDID for people with Disabilities</b>   | <b>Guruprasad Pawaskar</b><br>(Goa, India)     |
| <b>Generative AI Tools in Physiotherapy training Program</b>                       | <b>Sajeevan Tharayil</b><br>(Kerala, India)    |
| <b>Robotics Rehabilitation Post Stroke</b>   | <b>Radha Bhattad</b><br>(Pune, India)          |
| <b>Introduction to Blood Flow Restriction Therapy</b>                              | <b>Sona Kolke</b><br>(Pune, India)             |



# Master Class

|  |   |
|--|---|
| <b>Step by Step: Navigating Podiatric Assessment in Rehab</b>                        | <b>Pallavi Singh</b><br>(Mumbai, India)<br><br><b>Deepali Kant</b><br>(Mumbai, India) |
| <b>Mastering Remote Pulmonary Rehab: Effective Tele-Assessment for Lung Patients</b> | <b>Mrinmayee Koltharkar</b><br>(Mumbai, India)  |
| <b>Creating a path to independence: Maximizing function in pediatric Rehab</b>       | <b>Asha Chitnis</b><br>(Mumbai, India)  |
| <b>IOT based sensors in patient monitoring</b>                                       | <b>Shaswat Verma</b><br>(Bangalore, India)  |
| <b>Virtual Reality and Robotics in Stroke Rehab</b>                                  | <b>John Solomon</b><br>(Udupi, India)   |
| <b>Return to Sports Criteria &amp; Testing for Injured Athletes</b>                  | <b>Sai Kishore</b><br>(Chennai, India)  |
| <b>Running Analysis Simplified</b>   | <b>Shwetha Rao Warke</b><br>(Mumbai, India)   |





# Panel Discussion

**Neuro-Tech-Nexus: Shaping the Future of  
Neuro Physiotherapy**

**Vijay Bathina**  
(Hyderabad, India)

**Sajeevan Tharayil**  
(Kerala, India)

**John Solomon**  
(Udupi, India)

**Chanan Goyal**  
(Raipur, India)

**Leveraging Technology for Better Learning  
Outcomes**

**Arun Maiyya**  
(Udupi, India)

**Shaswat Verma**  
(Bangalore, India)

**Gaurang Baxi**  
(Pune, India)

**Athlete 2.0: Elevating Performance Through  
Rehab Tech**

**Shwetha Rao Warke**  
(Mumbai, India)

**Pallavi Singh**  
(Mumbai, India)

**Sai Kishore**  
(Chennai, India)

**AI**



# Panel Discussion

**From Bytes to Better Mobility: Integrating Technology into Clinical MSK Practice**

**Prashant Mukunnavar**  
(Hubli, India)

**Twinkle Dabholkar**  
(Mumbai, India)

**Shobhalaxmi**  
(Bangalore, India)

**Venu Mohan**  
(Pune, India)

**Navigating the AI Frontier in Clinical Research: Pros, Cons, and Ethical Dilemmas**

**Neeraj Bijlani**  
(Mumbai, India)

**Prashant Mukunnavar**  
(Hubli, India)

**Michael Rowe**  
(UK)

# Scientific Debate

**Technology in Sports Rehab: Need of the hour or Passing Trend**

**Anand Gangwal**  
(Pune, India)

**Pallavi Singh**  
(Mumbai, India)

**Sai Kishore**  
(Chennai, India)



# Beginners Class

|   |  |
|---|--|
| <b>Developmental Supportive Care of Neonates in NICU</b>                | <b>Rujuta Garge</b><br>(Goa, India)  |
| <b>Overview of Physiotherapy in Plastic Surgery</b>                     | <b>Reena Fernandes</b><br>(Goa, India)   |
| <b>Geriatric Functional Testing</b>                                     | <b>Anu Arora</b><br>(Mumbai, India)  |
| <b>Exercise Prescription for Diabetes &amp; Hypertension</b>            | <b>Sweta Raut Mulgaonkar</b><br>(Goa, India)   |
| <b>Basic Post-ACLR Rehab</b>  | <b>Shannon Fernandes</b><br>(Goa, India)   |
| <b>Outcome assessment options for pulmonary function</b>                | <b>Prajakta Sahasrabudhe</b><br>(Pune, India)  |
| <b>Basics of Pelvic Floor Assessment</b>                                | <b>Suroshree Mitra</b><br>(Pune, India)<br><br><b>Farheen Patel</b><br>(Pune, India) |
| <b>The Future of Physiotherapy - Emerging Trends &amp; Expectations</b> | <b>N. Gunasekharan</b><br>(Pune, India)  |





# Beginners Class

|   |   |
|---|---|
| <b>Goal-setting using ICF in Neuro Rehab</b>                            | <b>Radha Bhattad</b><br>(Pune, India)<br><b>Twinkle Kundnani</b><br>(Pune, India) |
| <b>Pelvic Physiotherapy - To Kegel or Not?</b>                          | <b>Amit Patel</b><br>(Ahmedabad, India)   |
| <b>National Programs for Healthcare in Elderly</b>                      | <b>Milind Kahile</b><br>(Nagpur, India)   |
| <b>Clinical Palpation: A Key to Effective Patient Evaluation</b>        | <b>Surendra Wani</b><br>(Sambhaji Nagar, India)                                   |
| <b>Adaptive Technology in Paralympics</b>                               | <b>Pradeep Borkar</b><br>(Loni, India)  |
| <b>Critical Care Rehabilitation &amp; Post- Intensive Care Syndrome</b> | <b>Prem Kumar</b><br>(Kerala, India)  |
| <b>Role of Physiotherapist in Vestibular Rehabilitation</b>             | <b>Laxmi Kamat</b><br>(Goa, India)  |



AI



# PEP Talks

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| <b>Grateful Leadership</b>                               | <b>Manisha Sanghavi</b><br>(Pune, India) |
| <b>Confidence is a Muscle: How to build it everyday?</b> | <b>Sunita Chugh</b><br>(Pune, India)     |
| <b>Image Generation Using AI</b>                         | <b>Ashok Shyam</b><br>(Pune, India)      |
| <b>Social Media &amp; Doctors</b>                        | <b>Neeraj Bijlani</b><br>(Mumbai, India) |
| <b>Turning Challenges into Opportunities</b>             | <b>Apurv Shimpi</b><br>(Pune, India)     |
| <b>Adaptability: Thriving in Uncertainty</b>             | <b>Radha Bhattad</b><br>(Pune, India)    |





# PEP Talks

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|--|---|
| <b>Small Steps, Big Impact</b>         | <b>Nishand P. D</b><br>(Kozhikode, India) |
| <b>Being Creative in Healing</b>       | <b>Tejas Borkar</b><br>(Loni, India)      |
| <b>Campus to Community</b>             | <b>Pooja Akhtar</b><br>(Nagpur, India)    |
| <b>Gratitude amplifies Opportunity</b> | <b>Jorida Fernandes</b><br>(Goa, India)   |
| <b>Turning Passion into Profit</b>     | <b>Dinesh Chavhan</b><br>(Pune, India)    |
| <b>Failure is Feedback</b>             | <b>Nidhi Joshi</b><br>(Pune, India)       |
| <b>Learning to Learn</b>               | <b>Riya Surti</b><br>(Pune, India)        |





# Post Conference Workshops

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|--|---|
| <b>Tips &amp; Tricks : Technology &amp; AI for Day-today use</b>             | <b>Ashok Shyam</b><br>(Pune, India)<br><b>Neeraj Bijlani</b><br>(Mumbai, India) |
| <b>Generative AI in Academics, Research &amp; Practice of Physiotherapy</b>  | <b>Michael Rowe</b><br>(UK)   |
| <b>Enhancing Research With Artificial Intelligence</b>                       | <b>Waqar Naqvi</b><br>(Doha, Qatar)   |
| <b>Making AI Models for Rehabilitation: Coding &amp; Deep Learning Tools</b> | <b>Yashwant Ingle</b><br>(Pune, India)  |
| <b>How to Practice AI-based Physiotherapy in your clinical setup</b>         | <b>Vijay Bathina</b><br>(Hyderabad, India)                                      |
| <b>Taping in Sports</b>  | <b>Anand Gangwal</b><br>(Pune, India)   |

